



with Timon and Pumbaa:
SAFETY SMART
Healthy & Fit!

Name: _____

HEALTH AND FITNESS WORDS

Find and circle all the health and fitness words. Then use each word in a sentence.

T E F F A G E R B C A
 V A L I R S O A T V U
 A C O O B S L E E P R
 Y T S S V I S O E M G
 G I S O A P A A T E E
 A V E A R I S T H E R
 B I W F O A P H B A M
 A T P O T B O G E W S
 B Y O N U T R I E N T
 H E E T T O A C T T B
 V A R I E T Y H B A T

Health and Fitness Words

germs teeth soap activity sleep variety floss nutrient

Use each word in a sentence...

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____