



Student's Name: _____

TAKE-HOME ACTIVITY:

SAFETY SMART® ABOUT HEALTH AND FITNESS

Dear Family: Your child is learning that what we say can be written down. Read the directions on this page to your child and do the activity together.

Directions

1. Describe something you learned about being healthy and fit.
2. Read your words together.
3. In the box, draw a picture to show what you learned.

What I Learned: _____
