



with Timon and Pumbaa:  
**SAFETY SMART**  
Healthy & Fit!

Name: \_\_\_\_\_

# TIMON AND PUMBAA'S HEALTH AND FITNESS BOARD GAME

## How to Play

1. Place your game pieces on the word START.
2. Take turns rolling the number cube. Move your game piece the number of spaces shown on the cube.
3. If you land on a space with a safety message, do what the message says.
4. The game is over when both players get to the FINISH line.

							<b>START</b>
<b>You didn't brush your teeth. Go back 6 spaces.</b>		<b>You ate a variety of foods! Go ahead 3 spaces.</b>		<b>You washed hands after using the bathroom! Go ahead 3 spaces.</b>			
		<b>You didn't get enough sleep. Go back 6 spaces.</b>			<b>You brushed your teeth! Go ahead 3 spaces.</b>		
<b>You washed hands before eating! Go ahead 3 spaces.</b>						<b>You didn't floss. Go back 7 spaces.</b>	<b>You rode a bicycle! Go ahead 3 spaces.</b>
			<b>You didn't wash hands after playing with a dog. Go back 6 spaces.</b>				<b>You didn't wash hands for 20 seconds. Go back 2 spaces.</b>
		<b>You didn't exercise for an hour today. Go back 4 spaces.</b>		<b>You ate a healthy breakfast. Go ahead 2 spaces.</b>			<b>You covered your nose and mouth when you sneezed. Go ahead 2 spaces.</b>
<b>FINISH!</b>							