

Quiz

True or False? Circle T or F

1. All germs are harmful.	T	F
2. Disease-causing microorganisms are called pathogens.	T	F
3. Germs can only be spread through direct contact.	T	F
4. The human body is exposed to billions of germs every day.	T	F
5. Bacteria and viruses are types of germs.	T	F
6. Bacteria grow best at 98.6 degrees Fahrenheit.	T	F
7. The human circulatory system identifies and fights off germs every day.	T	F
8. A communicable disease can spread from person to person.	T	F

Multiple Choice: Circle the letter of the best answer

9. A non-communicable disease:
- is the same as an infectious disease
 - spreads from person to person
 - doesn't spread from person to person
 - is spread by pathogens
10. Germs can be spread through:
- air
 - water
 - touching a contaminated surface
 - all of the above
11. To maintain a strong immune system, it's important to:
- Eat nutritious foods
 - Get enough sleep
 - Exercise
 - All of the above
12. To avoid spreading germs, wash hands with soap and warm water for how many seconds?
- 5
 - 10
 - 15
 - 20

Quiz Answer Key

True or False?

- | | |
|--|----------|
| 1. All germs are harmful. | F |
| 2. Disease-causing microorganisms are called pathogens. | T |
| 3. Germs can only be spread through direct contact. | F |
| 4. The human body is exposed to billions of germs every day. | T |
| 5. Bacteria and viruses are types of germs. | T |
| 6. Bacteria grow best at 98.6 degrees Fahrenheit. | T |
| 7. The human circulatory system identifies and fights off germs every day. | F |
| 8. A communicable disease can spread from person to person. | T |

Multiple Choice

9. A non-communicable disease:
- c. doesn't spread from person to person**
10. Germs can be spread through:
- d. all of the above**
11. To maintain a strong immune system, it's important to:
- d. All of the above**
12. To avoid spreading germs, wash hands with soap and warm water for how many seconds?
- d. 20**